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## What a Difference a Year Makes: How Life's Unexpected Setbacks Can Lead to Unexpected Joy (Hardback)

By Bob Guiney

Penguin Group USA, 2003. Hardback. Book Condition: New. 208 x 140 mm. Language: English . Brand New Book. The next star of ABC's The Bachelor, and the funny guy who stole America's heart on The Bachelorette shares hard-earned advice and wisdom on how life's unexpected setbacks can lead to unexpected joy. One Thanksgiving weekend Bob Guiney came home to find a white Post-it(tm) note from his wife informing him that she wanted a divorce. On top of his broken heart, he suffered a series of physical injuries, gained forty pounds, and fell into a deep depression. For the first time in his life, he found himself at rock bottom, unsure of how to pick up the pieces. What a Difference a Year Makes looks, month-by-month, at a devastating year and the wise words and lessons drawn from uncles, aunts, parents, and his best friend: Grandma. On paper, he writes, I looked like a failure-no football career, no music career, and a divorce. But actually I'm doing better than I ever have in my life. With the honesty and humor that have made Bob America's favorite bachelor, he explores the simple but valuable life lessons that...



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