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Follow the Model: Miss J's Guide to Unleashing Presence, Poise, and Power

By J Alexander

Simon & Schuster. Paperback / softback. Book Condition: new. BRAND NEW, Follow the Model: Miss J's Guide to Unleashing Presence, Poise, and Power, J Alexander, How does a six-foot-four, Bronx-born black gay male become Queen of the Catwalk? In one word: attitude. Beloved by millions of fans for his outrageous wit, spot-on critiques, and irrepressible flair, J. Alexander, affectionately known as Miss J, has helped groom hundreds of wannabe models as a runway coach and judge on "America's Next Top Model," as well as coaching such supermodels as Tyra Banks, Naomi Campbell, and Kimora Lee. But his empowering, no-nonsense advice applies far beyond the runway. And in this inspiring guide he shows women not just how to walk, but how to live the Miss J way -- fully and fabulously. As witheringly funny in print as he is in person, Miss J recounts a remarkable life and career that began with creating couture knockoffs on his grandmother's sewing machine and took a brief detour while he considered becoming an accountant (yes, really). But it was a public casting call for a Jean Paul Gaultier runway show that led him to take his first impeccably clad step on the catwalk and confirmed...



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