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Die Empty: Unleash Your Best Work Every Day

By Todd Henry

Gildan Media Corporation, United States, 2014. CD-Audio. Book Condition: New. Unabridged. 147 x 132 mm. Language: English . Brand New. Most of us live with the stubborn idea that we'll always have tomorrow to do our most important and valuable work. We fill our days with frantic activity, bouncing from task to task, scrambling to make deadlines and chase the next promotion. But by the end of each day we're often left asking ourselves did the work I do today really matter? We feel the ticking of the clock, but we're stuck in first gear, unsure of the path forward and without a road map to guide us. Here's the hard truth: sooner or later all of our tomorrows will run out, so how we choose to spend today is significant. Each day that we postpone difficult tasks and succumb to the clutter that chokes creativity, discipline, and innovation results in a net deficit to the world, our organizations, and ourselves. Die Empty is a tool for people who aren't willing to put off their most important work for another day. Todd Henry explains the forces that keep us in stagnation, and introduces a process...



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